

## **JAARS Fellows Outings and Life Hacks**

JAARS Fellows provides development opportunities in three key areas, professionally, personally, and spiritually. We want your time in the fellowship to be filled with growth and community.

## **Outings:**

Outings are designed to provide opportunities to experience genuine Biblical community. These outings are your chance to get to know your fellowship cohort and experience recreational and leisure activities in the greater Waxhaw area. Below is a list of outings you *may* experience during your time as a fellow.

- Apple picking in NC mountains
- Beach trip to a local beach in NC or SC
- Experience a favorite local sport at the Lancaster Motor Speedway
- Dinner at one of Waxhaw's downtown restaurants
- International food cook-off
- Orienteering
- Tubing down the river
- Flight tour in a JAARS airplane or helicopter
- Attending <u>CrossVenture</u>

## Life Hacks:

Life hacks are designed to provide opportunities to learn skills every young adult should add to their knowledge bank. These life hacks are your chance to prepare yourself for the future - no matter where the future may lead. Below is a list of life hacks you *may* experience during your time as a fellow.

- Finding a local church
- Personal finances: budgeting, investing, student debt, taxes
- Active listening and open questions
- Building a prayer partnership team and telling your story
- Work-life balance
- Maintaining healthy relationships
- Vehicle maintenance
- Life's big buys: cars, houses, etc.
- First aid and CPR
- Personal safety and cyber security
- Entering a team gently